



EDIBLE
GARDENING
SERIES

www.TsugawaNursery.com
410 E Scott Ave, Woodland, WA 98674 (360) 225-8750

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Artichokes

Artichokes have large deeply cut silver leaves and bright thistle-like flowers make a bold ornamental statement in any landscape. They are grown for their edible flower buds. You can even let them flower. Their flowers make a great statement in flower arrangements. They are hardy to 0°F.

EXPOSURE

Full sun to part shade.

PLANTING

When planting your artichokes we recommend **Gardner & Bloome Soil Building Compost** or **Harvest Supreme**, **Dr. Earth Starter Fertilizer** and **Bonide Root n Grow**. See our **Planting Guide** for further instructions. Artichokes need well drained soil. Space your artichokes 3 to 5 feet apart.

HARVESTING

Harvest the flower buds in early summer. The flower buds are deep green with a light purple tinge. They are harvested when they are about the size of a fist, and before they begin to open. When you pick your artichokes be sure to leave 1½ inches of stem.

WATERING

Artichokes need plenty of water to produce those big succulent buds, but they also need well drained soil.

FERTILIZING

Apply **Dr. Earth Vegetable Fertilizer** or **Alaskan Fish Fertilizer** in the spring and again halfway through the growing season.

MULCHING

Apply 2 to 3 inches of **Soil Building Compost** or **Harvest Supreme** in a 3- to 5-foot diameter circle around the plant. This will aid in weed control, watering and provide some nutrients for your artichokes.

PRUNING

In the fall cut the plants a few inches above the ground.

WINTER PROTECTION

Apply straw mulching in winter when temperatures below 25°F.

CHECK LIST

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|---|---|
| <input type="checkbox"/> Artichokes | <input type="checkbox"/> Bonide Root n Grow |
| <input type="checkbox"/> Organic Soil Building Compost or Harvest Supreme | <input type="checkbox"/> Dr. Earth Vegetable Fertilizer |
| <input type="checkbox"/> Dr. Earth Starter Fertilizer | <input type="checkbox"/> Alaskan Fish Fertilizer |

